

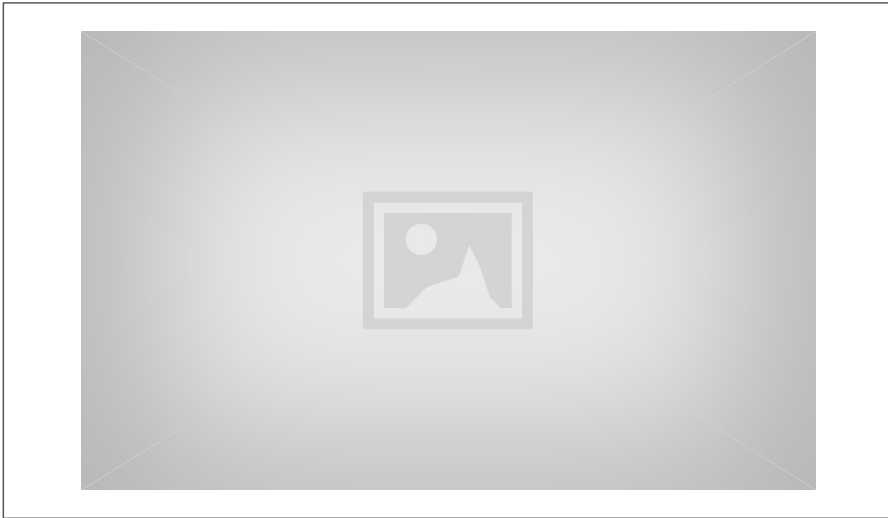


UPSTATE NIAGARA COOPERATIVE INC.

1057788913 - Uf Blue Nf Blnd Yog 4oz



The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.



Nutrition Facts

Serving Size: 4 Ounces

Number of Servings per 1

Amount Per Serving

Calories: Calories from Fat: 0 D70

% Daily Value*

Total Fat %

Saturated Fat 0 GRM 0%

Trans Fat 0 GRM

Cholesterol %

Sodium 55 MGM 2%

Total Carbohydrate 19 GRM 6%

Dietary Fiber 1 GRM 3%

Sugars %

Protein %

Vitamin A	Per Srv %	Vitamin C	Per Srv %
Calcium	20%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			

Calories per gram		
Fat	Carbohydrate	Protein

Benefits

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.

Ingredients

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Whey, Blueberry Juice Concentrate, Tricalcium Phosphate, Natural Flavors, Elderberry Juice (For color), Gellan Gum, Lemon Juice Concentrate, Potassium Sorbate (For freshness), Citric Acid, Locust Bean Gum, Vitamin D3

Allergens

Contains:



Free From:



Handling Suggestions

Keep Refrigerated. DO NOT FREEZE

Serving Suggestions

Ready to eat as is or can be enjoyed when mixed with fruit or granola.

Prep & Cooking Suggestions

Keep refrigerated until ready to eat.

Product Specifications

Brand	Manufacturer	Product Category
Upstate Farms	UPSTATE NIAGARA COOPERATIVE INC.	Yogurt

MFG #	SPC #	GTIN	Pack	Pack Desc.
9816	1057788913	10078800112909		/ 48 / 48 cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.5 lb	12.5 lb	840	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13 in	9.63 IN	7 IN	0.51 Cubic foot	14x8	90	34°F / 40°F



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☰ Nutrition Analysis

Calories	90 D70	Total Fat		Sodium	55 MGM
Protein		Trans Fats	0 GRM	Calcium	290 MC
Total Carbohydrates•••	19 GRM	Saturated Fat	0 GRM	Iron	0 MGM
Sugars		Polyunsaturated Fat		Potassium	160 MGM
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol•		Phosphorus	
Sucrose					
Vitamin A(IU)•	0 MC	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

📷 Additional Images

